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FULL SPECTRUM COACHING'S CAROLLYNE CONLINN NAMED CANADIAN COACH OF THE YEAR

Vancouver, BC, November 20, 2008 – The 2008/09 Canadian Coach of the Year Award was awarded to **Carollyne Conlinn, MBA, MPH, MCC** of Full Spectrum Coaching at the International Coaching Federation Conference held November 12-14 in Montreal.



Conlinn is an international executive coach who integrates entrepreneurial leadership with 30 years experience working in Fortune 500 companies. Her coaching programs create profound change and desired outcomes in individuals and organizations. She is the lead developer of the Excelerator Coaching System™ that forms part of the core curriculum for the Graduate Executive Coaching program at Royal Roads University in Victoria, where she is an Associate Faculty member. Conlinn has personally educated hundreds of executive coaches from Canada and around the world. Her company's Great Question!™ Game, which introduces groups to coaching, has become an effective teaching tool and job aid for managers and business leaders across Canada.

"Canadian coaches have a unique role to play in the global dialogue for leadership in today's trying times," said Conlinn in accepting the award. "They are key contributors to the critical conversations of hope that are needed for personal, business, and political resilience."

The "runners up" for the award were Bob Hancox, B.Ed., CPCC, Nanaimo, BC., creator of Coaching Conversations™; and Garry Schleifer, CPCC, PCC, Toronto, ON, corporate/leadership coach and co-founder of **choice**, the magazine for professional coaching worldwide.

About Canadian Coach of the Year (CCOY)

The CCOY Award promotes excellence in coaching and helps educate coaching consumers in hiring coaching professionals. It also communicates the contributions of the coaching community to Canadian private and public sector organizations. Full details on the award and selection process are available at www.CoachesCanada.com.

About Full Spectrum Coaching Inc.

Full Spectrum Coaching (FSC) offers clients worldwide executive coaching services and turnkey coaching development systems created with proprietary, International Coaching Federation (ICF) accredited, coaching programs. FSC's services and systems enable private and public sector organizations to create and sustain a coaching culture. For more than 25 years, Vancouver, BC-based FSC and its predecessor firms have been supporting the development of organizations' capacity for executive leadership, coaching, education, training, facilitation and conflict management. Find out more at www.fullspectrumcoaching.com